

THE FOREST CALLER



Welcome to our new members: IM and TH (Year 4)



1.



MR WATSON TALK

Mr. Watson (BBC Journalist)

On Friday, 12th April, Mr. Watson, a BBC sports journalist, visited Year 6 to tell us about his job and how he became a journalist.

Growing Interest in Journalism

Mr. Watson grew up in a city called Bath, near London. He supported the local rugby team of Bath and at the end of their matches, he would go up to the players and ask them for an autograph. He grew his interest in journalism when he first saw a journalist holding a microphone, who later invited him for a tour of the local radio station of Bath.

Becoming a Journalist

When Mr. Watson was in high school, He saw a notice for getting the opportunity to have work experience in a radio station. So, of course, he went for it. After that, he grew even more interested in journalism and decided to get a journalism degree at university.

His day-to-Day Life

Every day, Mr Watson wakes up at 4:15 in the morning. He drives to his office in Media City and starts his work. He has to research and write around 10 articles per day (mainly about sports) and reports them on TV.

Fun fact: LW in Year 1 and TW in Kindy are Mr. Watson's children!

OC and AT (Year 6)



READING FRIENDS AND BUDDIES

2.

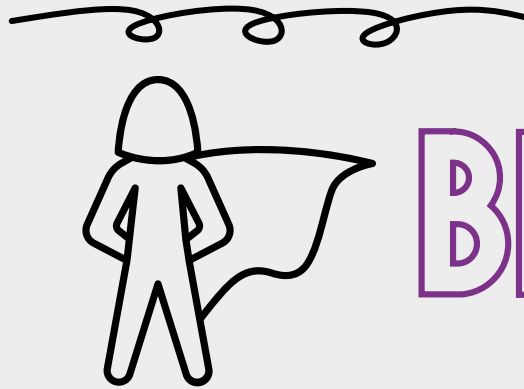
by EB (Year 5)

Reading Friends: Year Five has something called reading friends and every Wednesday we go down to year one and read to them. Last week we made mini-reading books to read to all of Year one! We bring stickers and have a reading record to help them with words that they struggle with.

Buddies: In Year Six you have something called a buddy. You go down to reception every Friday and play with them. You can bring in pictures to colour in and read to them as well.

The benefit of this is to help people interact with new people and find new ways to learn. it's a space where they can relax and chat about interesting books, learn more about new people, and have a good laugh. It makes both younger and older children look forward to something.





BE BRAVE

3.



GROWTH MINDSET

BY TH AND LE (YEAR 4)

Growth Mindset

A growth mindset is where you don't think of all the negative things, you think of the positive things. When you feel like you can't do it, you have to think I can't do it yet. When you make mistakes it might feel like you are not good enough but from every mistake you make you get feedback. A good way to develop a growth mindset is to speak about what is maybe holding you back.

Fixed Mindset

A fixed mindset is when you are feeling like you can't improve and you're not good enough. A fork in the road is where you have two options and you have to choose one e.g, I got a puppy a couple of months ago and I had to choose one which means I was under pressure so I was having second thoughts which meant I was in a fixed mindset, to be in a growth mindset I would have to maybe talk to someone a bit older than you who would understand and who can give you advice.



FACING YOUR FEARS

BY GE (YEAR 3)

4.



Hi I am Gracie Evans and I am from Year Three. I had a house fire in September. When I realised there was a fire in my house I cried. Then I felt funny. I didn't really know what to do. Then my neighbour came out and took me and my brother Charlie in Year five to their house. We watched tv to settle down. Then my brother's friend Luca came over who lived near to us to see if we were ok.

They said that we could stay overnight for a sleepover. When we went in, Luca was watching a movie. My grandma was staying with us so she stayed over too. Then something awful happened. My family were in the house when the fire happened. My dad showed me some pictures of it after. I slept head-to-toe with Charlie. We slept on a blow up mattress. I had a bit of a nightmare. We followed the fire code to keep us safe. The fire brigade came and they smashed the door open. We ran out into the road. I was frightened. I had to face my fears!

The next day we were walking back to our house and we collected some things and went back to pack our stuff up. Then we went to a hotel to see if they had a room free. They didn't have space for us!

I feel I am happy now. We live in the countryside and I can see fields. They make me feel relaxed. I meet my friend Aria sometimes and we have sleepovers together!



5.

THE FOREST GALA



By LE (Year 4)

On Friday the 20th of April, we participated in the Forest Swimming Gala at Sale Swimming Baths. All four houses compete against each other. We swim in all the styles; breaststroke, front crawl, and backstroke. We usually have our normal swimming lessons at Sale Leisure Centre but it felt very different on Gala Day.

We have four groups. In last place was Chorlton, Third was Minwood, Second was Kersal, and Jordan achieved First Place. It was a brilliant afternoon. We all enjoyed it- although it was hot! That didn't dampen anyone's spirits. True Foresters!



6.

YEAR 4 VISIT ORDSALL HALL



By TH and HF (Year 4)

On Thursday, 18th of April, Year 4 went on a trip to Ordsall Hall, which is a great Hall belonging to Sir John Radclyffe & was also around in the Tudor era. The name Ordsall comes from "Ord" & "Halh" which means corner; it is situated on the corner of River Irwell which later became the site of docks for the Manchester Ship Canal. It is nearly 1000 years old.

Ordsall Hall Today

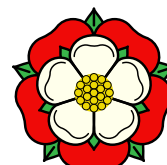
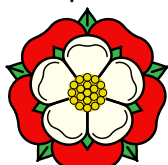
Today, Ordsall Hall is a free & friendly place attracting over 35,000 visitors a year. The Hall is used by communities & provides everything from storytelling to ghost nights.

Our School Visit

We enjoyed all the activities there including looking at where the servants worked & slept & the richer side where Sir John Radclyffe's room was & Lady Agatha's was as well. When we were in the kitchen, we got to make a strong powder using cinnamon, salt, nutmeg, pepper balls & ginger, it smelt delicious! We also went to see the servant's bedroom which was on a cold floor in the attic.

We visited Sir John's bedroom & we discussed both of his jobs, he was a sheriff, taking care of all the taxes & choosing punishments for criminals, eg. they may have stolen a loaf of bread & they would be in the pillory in the town centre and people would bring rotten vegetables & throw it at them. We also discussed his other job, being a knight. He wasn't just any knight, he was a knight for Queen Elizabeth, the top knight. Next, we went to Lady Agatha's very grand room. The first thing you see when you walk in is a beautiful, white dress & you smell the posies.

The dress was there because Lady Agatha & her cousin both applied for the same job, but her cousin got the job & that means that Lady Agatha had to take care of her cousin's clothes. We discussed why posies were useful in the Tudor times because they believed the smell would keep you away from bad diseases. We had a selection of herbs to choose from chamomile, lavender, lemon balm & dried rose petals. We chose 2 herbs, put them on our linen sheet & tied them.



7.



by FB, GE, and A B-H (Year 3)

We are going to tell you about LEGAMI!

Legami pens are rub-out pens that have animal patterns on them. Here are the different types of pens.

There's a cactus pen that says 'Bloom your own way'; a pig that says 'Think pink', a panda that says 'Hug me', a lion that says 'The King', a bear that says 'Dream Big', there is an elephant that says 'elephantastic', there is a cat that says 'Be curious', a unicorn that says.....' Believe in magic'

The bee pen says 'Bee different', the spaceman says 'Space Explorer', and a bunny says 'Don't worry, be hoppy!'.

The Christmas polar bear says 'Greetings from the North Pole'.
The fox that says 'feelin'gorgus'.

You can also buy Legami pencil cases like unicorns, rabbits, pigs, penguins, and much more! Legami pens are our favourite pens in the world!



8.

BOOK OF THE MONTH

Title: The Skull

Author: Jon Klassen

Setting: The Woods

Main Characters: Otilla, The Skull and the headless skeleton

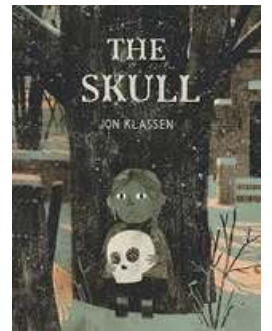
My favourite Character: The Skull

Summary of the Story:

A girl named Otilla runs away and finds a house. In the house lives a skull. Otilla starts living with the skull and one night finds out his secret and experiences it.

Did it keep you turning pages?

Yes, it did because it was a little creepy and made me want to read more.



HF
Year 4



9.

WILDLIFE HOTSPOT



Ocean Life by E X (Year 4)

In the ocean there is a tuna fish called a yellowfin it can grow up to 8 feet tall. There are sharks called Golesemous sharks. It uses us to catch their meals and they can smell from 7 miles away. A fisherman would be lucky to catch a yellowfin and it would pay their entire bills for a year.

Did you know that tiger sharks are camouflaged so their predators can't see them? The tiger shark is the only shark that can eat a turtle.

Flamingoes by I M (Year 4)

The flamingo is a fascinating creature. Its food is what gives it its pink colour. You might think that flamingos eat shrimp to get their colour but actually, shrimp and flamingo are pink from eating algae! Did you know, most of the early zoo bread flamingos were grey or white?! A baby flamingo is called a flaminglet. They are small, cute and white-grey coloured. Flamingos symbolise beauty, balance, potential and romance. They stand on one leg to avoid muscular fatigue. It's an energy-saving activity. SUPER cool fun facts!



10.

SOLAR ECLIPSE



By H F (Year 4)

A solar eclipse is when the moon passes between the Earth and the sun, blocking our view of the sun as it passes. This is a beautiful cosmic phenomenon.

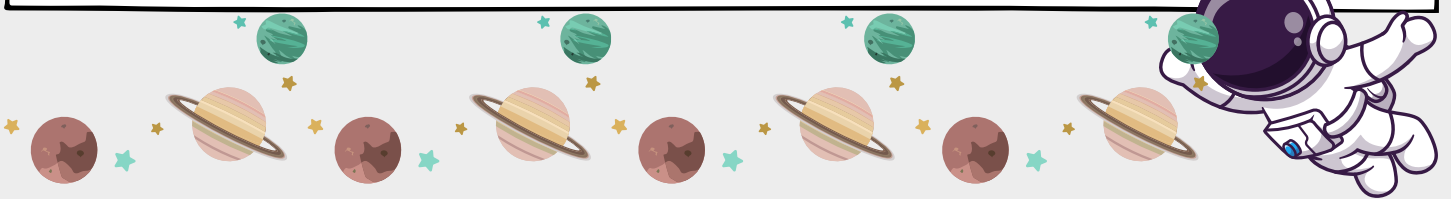
The most recent solar eclipse was last Monday (8th of April). Loads of people worldwide were not able to see the solar eclipse; It was only seen in Mexico, the USA, and Canada. In the UK, it was seen in parts of Ireland and Scotland. We did not see any of it in Manchester. The reason for this is because the moon is a lot smaller than the sun therefore the shadow it casts on Earth during an eclipse is small, and you have to be in the right place to see it. Unfortunately, the next solar eclipse visible from parts of the UK will be in 2090.

It would help if you never looked at the solar eclipse directly, because the sun's rays can damage your eyes permanently "Solar keratosis". It would help if you used eclipse glasses, which are 100,000 times darker than regular sunglasses. You also wear welder's goggles (google "welding" it is very cool).

A temperature rise of as little as 40C can injure the eyes causing blind spots, wavy lines, floaters, or blurry vision. After an eclipse in Turkey, 10% of people with eye damage had permanent visual loss. People across the world celebrated the eclipse in many ways by eclipse watch parties or even getting married.

However, in some cultures, the eclipse involves many rituals. For example in parts of India, they pray because it is considered a bad omen. Muslims believe it is a sign from God.

So if you are lucky enough to get a glimpse of the next solar eclipse wherever in the world you may be, remember to wear your eclipse glasses and make sure they have an "ISO" label on them. Don't forget even a few seconds of the eclipse rays can permanently damage your eyes and never look at the eclipse through a camera lens, phone, or a pair of binoculars.





11.

EVENTS IN SCHOOL!



by E X and J C (Year 4)

In our school, we have lots of events such as the school disco and the Summer Fair.

Summer Show

Every year, the whole of Upper School performs a Summer Show. Lower School performs the Nativity show at Christmas.

Sports Day

There is also a Sports Day where the whole school competes in their Houses, which is like a team, and the winning House is awarded a trophy.

Movie Night

We also have a Movie Night, where the whole school gets to attend, (at night), in their pajamas. They get to bring a blanket and pillow to get comfy and popcorn for free!

Winning House

In our Houses, we get coloured coins if we get a House point. Then we put our house points in a collector at break or lunchtime. At the end of the terms, we count how many house points are in each collector and the house with the most House points in the collector box is the winning house and gets a special treat!



12.

THE SUMMER SHOW

By S M and E B (Year 5)

Every year, Upper School students do a show in the summer. It is directed by Mrs Wellings, our music teacher. It is filled with songs, action, and mystery! It is arguably the most exciting thing at Forest that happens each year.

- Summer Show through the Years!
- 2017- Shakespeare Rocks!
- 2018- The Rocky Monster Show
- 2019- Rock Bottom!
- 2020- The Show Must Go Online
- 2022- Cinderella and Rockerfella
- 2023- Porridge!
- 2024- Star Warts



This year we are doing Star Warts as our Summer Show. Star Warts is a twisted version of Star Wars! Our director and music provider is Mrs Wellings. The Year 6's get the main roles as it is their last few months at Forest. We'll be sad to see them go but we wish them luck in their next schools!

